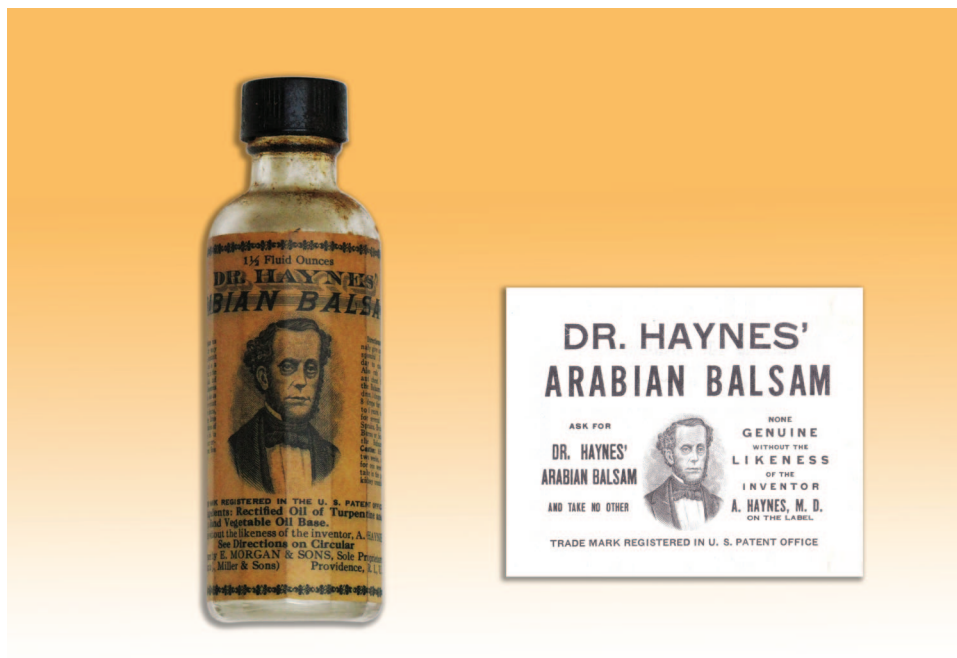


## ANESTHESIOLOGY REFLECTIONS

### Haynes' Arabian Balm



One of America's more unusual "analgesic" remedies, Haynes' Arabian Balm (*above*) was "entered according to act of Congress, in the year 1850, by A. Haynes, M.D." Whether consumed in small doses internally or larger volumes externally as a liniment, the Balm was confirmed by federal chemists to be nothing more than "a mixture of cottonseed oil, turpentine and oil of cumin." In 1916, the company was fined \$20 after pleading *nolo contendere* in court to fraudulently advertising its Balm as a remedy for blindness, croup, deafness, diphtheria, erysipelas, piles, and rheumatism. So, given its name, was Haynes' Arabian Balm originally a Saudi salve? Absolutely not. Rather, consider how Hayes' analgesic was orally dosed thrice daily for treating common colds: 1) a half teaspoon for men or 2) 1 fluid ounce for horses, or at least for Arabian horses. (Copyright © the American Society of Anesthesiologists, Inc. This image also appears in the *Anesthesiology Reflections* online collection available at [www.anesthesiology.org](http://www.anesthesiology.org).)

George S. Bause, M.D., M.P.H., Honorary Curator, ASA's Wood Library-Museum of Anesthesiology, Park Ridge, Illinois, and Clinical Associate Professor, Case Western Reserve University, Cleveland, Ohio. [UJYC@aol.com](mailto:UJYC@aol.com).